

District 3-4 AAA Area Track Meet
April 19, 2013

Schedule of Events

**** Field events will begin at the conclusion of the 3200 Meter****

**** All Field Events will be rolling starts****

**** All Running Events will be run on the time schedule recommended by the UIL****

**** High Jump and Pole Vault will open with the lowest qualifying height****

<u>Shot Put</u>	<u>Discus</u>	<u>Long Jump</u> (NE Pit)	<u>Triple Jump</u> (NE Pit)	<u>High Jump</u>	<u>Pole Vault</u>
Varsity Boys	Varsity Girls	Varsity Boys	Varsity Girls	Varsity Boys	Varsity Girls
Varsity Girls	Varsity Boys	Varsity Girls	Varsity Boys	Varsity Girls	Varsity Boys

If your athlete has conflicting field events, have them check in to both events and let the person in charge know they have a conflict. .

1:30 PM 3200 Meter Run Girls, Boys.

2:00 PM **Field Events Rolling Start**

4:00 – 5:00 PM Meal Break

****Running order will be Varsity Girls, Varsity Boys****

5:15 PM 4 x 100 Meter Relay

5:30 PM 800 Meter Run

5:45 PM 100/110 Meter Hurdles

6:00 PM 100 Meter Dash

6:15PM 4 x 200 Meter Relay

6:30 PM 400 Meter Dash

6:45 PM 300 Meter Hurdles

7:00 PM 200 Meter Dash

7:15 PM 1600 Meter Run

7:30 PM 4 x 400 Meter Relay